## **SUMMER MENU**

GB	an	t	S	te	ps
Do	ay	N	ur	SE	iny

WK 4	AM SNACK	LUNCH	PM SNACK	TEA
MON	<ul><li>Crackers</li><li>Cheese</li><li>Cucumber</li></ul>	<ul> <li>Fish pie with peas and sweetcorn*</li> <li>Raspberries &amp; sorbet</li> </ul>	<ul><li>Fruit loaf</li><li>Banana</li></ul>	<ul> <li>Picnic tea with oatcakes**</li> <li>Homemade scones with strawberries &amp; crème fraiche</li> </ul>
TUE	<ul><li>Muffin</li><li>Pear</li></ul>	<ul> <li>Macaroni cheese with baked beans</li> <li>Sugar free jelly &amp; blueberries</li> </ul>	<ul><li>Bread &amp; butter</li><li>ham</li><li>tomato</li></ul>	<ul><li>Chicken risotto*</li><li>Apple muffins</li></ul>
WED	<ul><li>Bagel</li><li>Chicken</li></ul>	<ul> <li>Sausage &amp; butter bean bake with brown rice, carrots &amp; green beans*</li> <li>Yoghurts</li> </ul>	<ul><li>Breadsticks</li><li>Kiwi</li></ul>	<ul><li>Rolls &amp; baked stars***</li><li>Fresh fruit****</li></ul>
THUR	<ul><li>Yoghurt</li><li>Melon</li></ul>	<ul> <li>Jacket potato with chicken curry*</li> <li>Fruit salad &amp; cream</li> </ul>	<ul><li>Rice cake</li><li>cheese</li><li>cucumber</li></ul>	<ul><li>Bagels</li><li>baked beans</li><li>Milk pudding</li></ul>
FRI	<ul><li>Pitta bread</li><li>tzatziki</li><li>Carrot</li></ul>	<ul> <li>Lasagne with carrots &amp; broccoli******</li> <li>Chocolate surprise cake</li> </ul>	<ul><li>Oatcake</li><li>Orange</li></ul>	<ul> <li>Homemade sausage rolls with veg sticks*****</li> <li>Banana's &amp; cream</li> </ul>

*	A variety of veg in the above dishes. Onion, carrots, tomatoes, peas, sweet potato				
**	Baby potatoes, cheese, carrots, cocktail sausages, chicken, tomato & houmous				
***	All bread is wholemeal or 50/50. Fillings for rolls – egg mayo, ham, cucumber, tomatoes and lettuce				
****	Pineapple, strawberries and apple				
****	Melon, banana, apple, pear, grapes, peaches, orange and strawberries				
*****	Contains hidden veg – Onion, tomato, mushroom, pepper and courgettes				
*****	Tomato, sweetcorn, chicken, cheese & cucumber				