

# SUMMER MENU

WK 5	AM SNACK	LUNCH	PM SNACK	TEA
<b>MON</b>	<ul style="list-style-type: none"> <li>• Bagel</li> <li>• Apple</li> </ul>	<ul style="list-style-type: none"> <li>• Beef &amp; vegetable enchilada with green beans &amp; cauliflower*</li> <li>• Yoghurts</li> </ul>	<ul style="list-style-type: none"> <li>• Oatcake</li> <li>• Chicken</li> <li>• Tomato</li> </ul>	<ul style="list-style-type: none"> <li>• Maccoroni cheese</li> <li>• Blueberries &amp; sorbet</li> </ul>
<b>TUE</b>	<ul style="list-style-type: none"> <li>• Breadsticks</li> <li>• Cucumber</li> <li>• houmous</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; leek hotpot with carrot &amp; broccoli*</li> <li>• Milk pudding with strawberries</li> </ul>	<ul style="list-style-type: none"> <li>• Puff wheat</li> <li>• Melon</li> </ul>	<ul style="list-style-type: none"> <li>• Rolls &amp; stars**</li> <li>• Fresh fruit***</li> </ul>
<b>WED</b>	<ul style="list-style-type: none"> <li>• Fruit loaf</li> <li>• Orange</li> </ul>	<ul style="list-style-type: none"> <li>• Spaghetti bolognaise with peas &amp; sweetcorn****</li> <li>• Crunchy summer crumble with custard</li> </ul>	<ul style="list-style-type: none"> <li>• Crumpet</li> <li>• Cheese</li> </ul>	<ul style="list-style-type: none"> <li>• Picnic tea with pitta bread*****</li> <li>• Homemade scones with strawberries &amp; crème fraiche</li> </ul>
<b>THUR</b>	<ul style="list-style-type: none"> <li>• Crackers</li> <li>• Ham</li> <li>• Sweetcorn</li> </ul>	<ul style="list-style-type: none"> <li>• Chickpea &amp; veg curry with brown rice*</li> <li>• Apple pie &amp; custard</li> </ul>	<ul style="list-style-type: none"> <li>• Muffin</li> <li>• Pear</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken &amp; veg pasta*</li> <li>• Pineapple muffin</li> </ul>
<b>FRI</b>	<ul style="list-style-type: none"> <li>• Wholemeal toast</li> <li>• Raspberries</li> </ul>	<ul style="list-style-type: none"> <li>• Jacket potato with tuna fish &amp; sweetcorn</li> <li>• Fruit Salad &amp; cream*****</li> </ul>	<ul style="list-style-type: none"> <li>• Rice cake</li> <li>• Boiled egg</li> <li>• cucumber</li> </ul>	<ul style="list-style-type: none"> <li>• Wraps, ham, cheese, veg sticks &amp; houmous*****</li> <li>• Frubes</li> </ul>

*	A variety of veg in the above dishes – Onion, pepper, mushrooms, tomatoes, leek, sweetcorn, peas, green beans, carrots
**	All bread is wholemeal or 50/50. Fillings in rolls – Chicken, cheese, lettuce, tomato & cucumber
***	Pineapple, grapes & banana
****	Contain hidden veg – Onion, peppers, tomatoes, mushroom & courgettes
*****	Cocktail sausages, cheese, ham, carrots, cucumber, tomatoes, baby potatoes & dip
*****	Apple, pear, melon, banana, pineapple, oranges & blueberries
*****	Carrots, tomatoes & sweetcorn

